HEALTH INFORMATION CALENDAR 2025

JAN

Jan-Dec	**Building a Healthier Environment** SafeFood
Jan-Dec	**Parkrun**
Jan 1-28 Feb	**Life is Better with Fruit and Vegetable campaign** Bord Bia
Jan 4-18	**First Fortnight** Mental Health Art & Culture Festival
Jan 8-12 Feb	**Ireland Lights Up** GAA Healthy Clubs Step Challenge Get Ireland Walking
Jan 20-26	**Cervical Cancer Prevention** National Cervical Screening Service
Jan 27-2 Feb	**National Grief Awareness Week** Irish Hospice Foundation
Jan 28	**International Data Protection Day** Council of Europe

FEB

Feb 1-28	**Oesophageal Cancer Awareness Month** Oesophageal Cancer Fund Irish Cancer Society Marie Keating Breakthrough Cancer
Feb 4	**World Cancer Day** Irish Cancer Society Marie Keating Foundation
Feb 10	**International Epilepsy Day** Epilepsy Ireland
Feb 11	**Safer Internet Day** Webwise
Feb 15	**International Childhood Cancer Day** Irish Cancer Society Marie Keating Foundation
Feb 20	**World Day of Social Justice**
Feb 24-Mar 2	**Eating Disorder Awareness Week** Bodywhys
Feb 28	**Rare Disease Day** Rare Diseases Ireland
Feb 28	Lollipop Day Oesophageal Cancer Fund

MAR

Mar 1-31	**Endometriosis Awareness Month** Endometriosis Association of Ireland
Mar 4	**World Obesity Day** EASO WODAY
Mar 4	**International HPV Awareness Day** Irish Cancer Society Marie Keating Foundation
Mar 5	**National No Smoking Day** Quit Smoking HSE
Mar 6	**World Lymphodoema Awareness Day** Irish Cancer Society Marie Keating Foundation
Mar 8	**International Women's Day** The National Women's Council
Mar 13	**World Kidney Day** Irish Kidney Association
Mar 10-16	**Brain Awareness Week** Neurological Alliance of Ireland
Mar 15	**World Sleep Day**
May 15	**Hello How Are You?** Mental Health Ireland
Mar 17-23	**Nutrition and Hydration Week**
Mar 21	**World Down Syndrome Day** Down Syndrome Ireland
Mar 21	**International Day for the Elimination of Racial Discrimination** UN HSE National Social Inclusion office
Mar 22	**World Water Day**
Mar 24	**World Tuberculosis Day** Tuberculosis Service
Mar 28	**Daffodil Day** Irish Cancer Society

APR

April 1-30	**National Spring Clean programme** An Taisce
April 1-30	**Bowel Cancer Awareness Month** Bowel Screen Irish Cancer Society Marie Keating Breakthrough Cancer
April 1-30	**Testicular Cancer Awareness month** Irish Cancer Society Marie Keating Breakthrough Cancer
Apr 2	**World Autism Awareness Day** Irish Society of Autism
Apr 3-10	Adolescent and Young Adult AYA Cancer Awareness week Irish Cancer Society
Apr 7	**World Health Day**
Apr 8	**International Traveller and Roma Day** HSE National Social Inclusion Office
Apr 11	**Cystic Fibrosis 65 Roses National Awareness Day** Cystic Fibrosis Ireland
Apr 20-26	**National Arthritis Week** Arthritis Ireland
Apr 24-30	**World Immunization Week**
Apr 28	**World Day for Safety and Health at Work** UN
Apr 30	**National Workplace Wellbeing day**

MAY

May 1-31	**EU Diversity Month**
May 1-31	**Sunsmart** Skin Cancer Prevention Month Irish Cancer Society Marie Keating Foundation
May 1-31	Brain Tumour Awareness Month Irish Cancer Society Marie Keating Breakthrough Cancer
May 1-31	**Bealtaine Festival** Age and Opportunity
May 5	**World Hand Hygiene Day** WHO
May 5	**International Day of the Midwives' Day** IMNO
May 6	**World Asthma Day** Asthma Society of Ireland
May 7	**World Maternal Mental Health Day**
May 8	**World Ovarian Cancer Day** Irish Cancer Society Marie Keating Breakthrough Cancer
May 10-17	**Organ Donation Awareness Week** Irish Kidney Association
May 11-18	**National Bike Week** An Taisce Green Schools
May 12	**International Nurses Day** INMO WHO
May 12-18	**European Public Health Week**
May 17	**International Day Against Homophobia, Biphobia & Transphobia** IDAHOT LGBT Ireland Belong To
May 19	**World IBD Day** Crohn's & Colitis Ireland
May 19-25	**European Mental Health Week** Mental Health Europe
May 19-25	**National Volunteering Week** Volunteer Ireland
May 20	**International Clinical Trials Day**
May 25-31	**European Week against cancer** **EU Commission**
May 29	**World Health Digestive Day**
May 30	**World Multiple Sclerosis Day** MS Ireland
May 31	**World No Tobacco Day** WHO Quit Smoking HSE

JUN

Jun 1 -30	**Cavernoma Awareness Month Cavernoma Ireland**
Jun 2	Cancer Survivors Day Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Jun 5	**World Environment Day** UNEP
Jun 9-15	**National Carers' Week** Care Alliance Ireland
June 9-13	**Scoot to School Week** Green School An Taisce
Jun 9-15	**Infant Mental Health Awareness week HSE Perinatal Mental Health Services**
Jun 9-15	**Men's Health Awareness Week** Men's Health Forum in Ireland
Jun 14	**World Blood Donor Day** IBTS
Jun 19	**World Kidney Cancer Day**
Jun 20	**UN World Refugee Day** UNHCR Ireland HSE National Social Inclusion Office
Jun 21	**UN International Day of Yoga**
Jun 26	**UN International Day Against Drug Abuse and Illicit Trafficking**

JUL

Jul 1-31	**Sarcoma Awareness Month** Irish Cancer Society Marie Keating Foundation
Jul 11	**UN World Population Day**
Jul 27	**World Head & Neck Cancer Day**
Jul 28	**World Hepatitis Day** Hepatitis C Ireland
Jul 30	**International Day of Friendship**

AUG

Aug 1-7	**World Breastfeeding Week** WABA HSE Breastfeeding Support
Aug 12	**International Youth Day** UN
Aug 18-24	**Nursing Homes Week** Nursing Homes Ireland
Aug 19	**World Humanitarian Day** UN
Aug 31	**International Overdose Awareness Day** HSE Drugs **HSE Social Inclusion**

SEPT

Sept 1-30	**Heart Month** Irish Heart Foundation
Sept 1-31	**Childhood Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 1-31	**See Change Green Ribbon Campaign** Mental Health campaign
Sept 1-31	**Blood Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 1-31	**Gynae Oncology Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 4	**World Sexual Health Day** HSE
Sept 4-11	**Migraine Awareness Week** Migraine Ireland
Sept 7	**World Duchenne Awareness Day**
Sept 7-13	**Palliative Care Week** All Ireland Institute of Hospice and Palliative Care (AIIHPC)
Sept 9	**International Fetal Alcohol Spectrum Disorders (FASD)** FASD Ireland
Sept 10	**World Suicide Prevention Day** HSE www.yourmentalhealth.ie
Sept 13	**World Sepsis Day**
Sept 14	**World Gynaecologic Oncology Day** OvaCare Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 15	**World Lymphoma Awareness Day** Lymphoma Forum of Ireland Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 17	**World Patient Safety Day** HSE Patient Safety
Sept 19	**Culture Night**
Sept 20	**Mouth Cancer Awareness Day**
Sept 21	**World Alzheimer's Day** Alzheimer's Society of Ireland
Sept 21	**International Day of Peace** UN
Sept 24	**World Cancer Research Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Sept 22-28	**European Week of Sport** Sport Ireland
Sept 26	Workplace Walking Day Get Ireland Walking
Sept 28	**National Walking Day** Get Ireland Walking
Sept 29	**World Heart Day** Irish Heart Foundation
Sept 30	**International Recovery day** HSE Drugs and Alcohol Information and Support
Sept 30-6 Oct	**Positive Ageing Week** Age Action Ireland

OCT

Oct 1	**International Day of Older Persons** Alone Age Action
Oct 1-31	**Breast Cancer Awareness Month** Breast Check Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Oct 1-31	**Liver Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Oct 1-7	**National Breastfeeding Week** HSE Breastfeeding Support
Oct 10	**World Mental Health Day** HSE Your Mental Health Aware Mental Health Ireland Aware
Oct 10	**World Sight Day**
Oct 10	**World Homeless day** HSE National Social Inclusion Office
Oct 12	**World Hospice and Palliative Care Day**
Oct 13-19	**International Infection Prevention Week** IIPW
Oct 13	**World Thrombosis Day** Thrombosis Ireland
Oct 16	**European Restart a Heart Day** ERC
Oct 16	**World Food Day**
Oct 18	**Developmental Language Delay DLD Awareness Day**
Oct 18	**World Menopause Day**
Oct 19-25	**Spiritual Care Week**
Oct 20	**World Osteoporosis Day**
Oct 29	**World Stroke Day** Irish Heart Stroke Support

NOV

Nov 1-30	**Global Lung Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 1-30	**MS Readathon** Multiple Sclerosis Ireland
Nov 1-30	**Prostrate Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 1-30	**Stomach Cancer Awareness Month** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 17-21	**Bereaved Children's Awareness Week** Irish Childhood Bereavement Network
Nov 12	**World Pneumonia Day**
Nov 14	**World Diabetes Day** Diabetes Ireland Diabetic Retina Screen
Nov 16	**World Pancreatic Cancer Day** Irish Cancer Society Marie Keating Foundation Breakthrough Cancer
Nov 18	**European Antibiotic Awareness Day** EAAD https://antibiotic.ecdc.europa.eu/en
Nov 19	**International Men's Health Day** Men's Health Forum
Nov 20	**Universal Children's Day**
Nov 19	**World COPD Day** COPD Support Ireland
Nov 25	**International day of elimination of violence against women** HSE National Social Inclusion Office

DEC

Dec 1	**World Aids Day**
Dec 1-5	**Awareness Week on Alcohol Related Harm** HSE Alcohol resources
Dec 3	**International Day of Persons with Disabilities** Disability Federation of Ireland
Dec 5	**International Volunteer Day** UN Volunteer Ireland
Dec 10	**International Human Rights Day** UN Irish Human Rights and Equality Commission HSE Social Inclusion Office
Dec 18	**International Migrants Day** UN HSE Social Inclusion Office